

## Accident Information

Use this area to enter the information about the accident:

Day, date and time:

Road you are on:

Intersecting road:

Landmarks:

Speed limit:

Direction you were traveling:

Direction other driver was traveling:

Lighting /visibility conditions:

Weather conditions:

Road hazards / foreign bodies:

Grade or incline:

Police report number:

Name and badge numbers of attending officers:

Names and phone number of witnesses:

Summarize the incident:

**Apex Wellness Center** offers Chiropractic, Acupuncture, Therapeutic Massage, Physical Therapy and Naturopathic Medicine. This diverse array of practitioners at Apex Wellness Center makes it convenient for the patient to manage their symptoms and injuries sustained in MVA's, such as pains, stiffness, headaches, dizziness, and nerve symptoms, to name a few. Your PIP coverage entitles you to medical services required to treat injuries resulting from the auto accident. If you are involved an accident, please call us. We can help!



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Reference Guide information courtesy of <http://injury.findlaw.com/car-accidents/after-a-car-accident-first-steps.html>

# Accidents Happen.

## Be prepared.

Know what to do if you are in a motor vehicle accident.

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# What to do if you are involved in a Motor Vehicle Accident

(Keep this reference guide in your car in case of emergency)

## 1. Stay at the scene

Do not leave the scene of the accident or you may be charged with hit-and-run.

## 2. Check on your passengers and the passenger's in other vehicle.

Assess if you and the other passengers are injured. If so, call 911 to summon emergency medical attention. **DO NOT** move unconscious persons, or person complaining of back and neck pain. **Unless the persons are in imminent danger, wait until emergency help arrives.**



## 3. File a Police Report

If there are no serious injury, but there is significant property damage, you must call 911 to request police at the scene to file a police report. This is essential if in future you may be involved in court proceedings. If the damage is not

extensive you may choose to call the non-emergency line to file a report over the phone.

## 4. Exchange information

Use this flyer to collect information from the other vehicle driver. All this information will be important to share with your insurance company and it will make it easier to manage in one document. It is important to be cooperative with the other driver and share your necessary information too. **DO NOT** discuss the accident. You may inadvertently admit legal liability. Let the police and the insurance companies determine who is at fault. **DO NOT** admit guilt unnecessarily.

## 5. Interview Witnesses and Record Information

Witnesses will provide non-biased information on

how the accident occurred. Also ask locals if accidents occur frequently in the area. Collect names and contact information.

## 6. Take Photos

This will be important documentation for you insurance adjuster. It is advisable to have a 'before' photo on hand in case of an accident.

## 7. Call your Insurance Company ASAP

Contact your insurance company and provide them with all the information you collected including the police report number. **BE HONEST.** Your insurance company represents you and they need accurate information. If you provide inaccurate information you could be held liable even if not at fault. **DO NOT** speak to the other driver's insurance representative.

## 8. File an Oregon Traffic Accident and Insurance Report (Form 735-32) with the DMV within 72 hours when:

- Damage to the vehicle you were driving is over \$1,500;
- Damage to any vehicle is over \$1,500 and any vehicle is towed from the scene;
- Injury or death resulted from this accident; or
- Damages to any one person's property involved in this accident are over \$1,500.

(from [oregon.gov/odot/dmv](http://oregon.gov/odot/dmv))

## 9. Stay hydrated

In the hours and days after the accident it is important to drink plenty of water, eat healthy whole foods and get rest to help minimize injury and recover more quickly.

## 10. Call Apex Wellness center to seek treatment

In Oregon, your automobile insurance policy covers a minimum of \$15,000 of necessary medical care under your Personal Injury Protection (PIP) coverage. Your PIP covers each passenger in the vehicle individually at the same \$15,000 minimum. There are no out-of-pocket costs to you. You have the right to choose your own doctor or providers. As long as your auto insurance company is already aware of the accident you will not be penalized for seeking medical care.

# Other Vehicle Information

Use this area to enter the information that you will need from the driver of the other vehicle(s) involved in the accident:

Name:

Address:

Phone number:

Other passengers:

Vehicle year, make, and model:

Vehicle description:

Registration data:

License plate:

Insurance carrier:

Insurance policy:

Notes: